



PA USAG  
LEVEL 6/ NOVICE PREP OPTIONAL STATES  
"RACE TO THE FINISH"  
MAY 8 & 9, 2010

**LOCATION:** Trinity H.S. (Gymnasium & Parking are in the back of the school)  
231 Park Ave.  
Washington, PA 15301

**MEET HOST:** Gym Dandys  
724-745-5558  
e-mail: [meadowlandgym@verizon.net](mailto:meadowlandgym@verizon.net) or [gymdandys@verizon.net](mailto:gymdandys@verizon.net)  
website: [www.gymdandys.com](http://www.gymdandys.com)

**MEET DIRECTORS:** Karen Clark, Cassie Stewart  
**PARENT MEET COORDINATORS:** Brenda Scott, Dana McGrady

**FEES:** \$85/Gymnast for NPO; \$70/gymnast for Level 6: \$50 team fee  
Make checks payable to: Meadowlands Gymnastics Training Center  
Mail entries to: Karen Clark  
345 Meadowlands Blvd.  
Washington, PA 15301

**ENTRY DEADLINE:** All Novice Prep Optional entries should be faxed or e-mailed on Monday, April 19, 2010.  
All Level 6 entries should be faxed or e-mailed on Monday, April 26, 2010.  
All entries, with payment, must be postmarked by Wednesday, April 28, 2010, if not before!  
Fax: 724-745-7370 E-mail: [meadowlandgym@verizon.net](mailto:meadowlandgym@verizon.net).  
The \$25 late fee/gymnast will be enforced for each deadline.

**AWARDS:** 25% of each age group will be rewarded with medals.  
1<sup>st</sup>-10<sup>th</sup> place will be awarded for team competition.  
Age groups are set by our PA State board.

**COMPETITION SCHEDULE:** Exact times and competition date will be determined after April 27!

**DONATION FEE FOR SPECTATORS:** \$7.00/Adult  
\$3.00/child

**HOST HOTEL:** Holiday Inn  
Racetrack Road  
Washington, PA 15301  
Phone: 724-222-6200  
Group Code: MGM  
Room Rate: \$97 plus tax; includes continental breakfast  
for up to 2 people/room  
Reservation deadline: April 7, 2010

**Alternate hotels:** Hampton Inn  
475 Johnson RD  
Washington, PA 15301  
724-222-4014  
Group Name: Meadowlands Gymnastics  
Room Rate: \$99 plus tax; includes full hot breakfast  
Reservation deadline: April 7, 2010

Comfort Inn  
237 Meadowlands Blvd.  
Washington, PA 15301  
724-746-9700  
\$89.99 plus tax; includes continental breakfast  
Group Name: Gym Dandys  
Reservation deadline: April 23, 2010

**MEET EQUIPMENT:** All equipment is Speith Anderson-new in the fall of 2009!  
Vault table surface is similar to TAC-10 surface of AAI.  
Four Stratum boards will be provided (you may bring your own)

**COACHES MEETING:** Will be held during stretch time

**FOOD:** Coaches hospitality will be provided for lunch & dinner

**ATTACHMENTS:** ENTRY FORM  
T-SHIRT ORDER FORM  
SENIOR BIOS  
AD PAGE

**Entry Form  
Level 6 PA State Meet**

Team Name: \_\_\_\_\_ Club # \_\_\_\_\_ Date: \_\_\_\_\_  
 Team Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Fax: \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_

Coach Name	Coach USAG#	Safety Cert. Exp. Date	Background check Exp. Date

Competitor Name	USAG#	2010 Senior	Age Group	Date of Birth	Qualifying Meet/Date	US Citizen
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						
13.						
14.						
15.						
16.						
17.						

Total number of gymnasts \_\_\_\_\_ x \$85 = \_\_\_\_\_ Team entry: Yes \_\_\_\_\_ No \_\_\_\_\_  
 Team Fee \_\_\_\_\_ Check # \_\_\_\_\_ Check amount \_\_\_\_\_

**Entry Form  
Novice Prep Optional PA State Meet**

Team Name: \_\_\_\_\_ Club # \_\_\_\_\_ Date: \_\_\_\_\_  
 Team Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Fax: \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_

Coach Name	Coach USAG#	Safety Cert. Exp. Date	Background check Exp. date

Competitor Name	USAG#	2010 Senior	Age Group	Date of Birth	Qualifying Meet/Date	US Citizen
1.						
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11.						
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13.						
14.						
15.						
16.						
17.						

Total number of gymnasts \_\_\_\_\_ x \$85 = \_\_\_\_\_ Team entry: Yes \_\_\_\_\_ No \_\_\_\_\_  
 Team Fee \_\_\_\_\_ Check # \_\_\_\_\_ Check amount \_\_\_\_\_

SENIOR BIOS  
PENNSYLVANIA LEVEL 6/NOVICE PREP OPTIONAL  
STATES  
2010

GYMNAST'S NAME \_\_\_\_\_

CLUB AFFILIATION \_\_\_\_\_

PARENTS' NAMES \_\_\_\_\_

COACHES' NAMES \_\_\_\_\_

\_\_\_\_\_

YEAR STARTED GYMNASTICS \_\_\_\_\_ HIGH SCHOOL \_\_\_\_\_

GYMNASTICS ACHIEVEMENTS \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

COLLEGE ATTENDING OR FUTURE PLANS \_\_\_\_\_

\_\_\_\_\_

MOST MEMORABLE MOMENT IN GYMNASTICS \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

WORDS OF WISDOM \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

THANK YOU \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**\*\*\*Please send a picture of you along with this bio to: [casiere1@comcast.net](mailto:casiere1@comcast.net)  
The deadline for receiving this information is: April 6, 2010!!**



LEVEL 6/NOVICE PREP OPTIONAL PENNSYLVANIA STATE MEET  
"RACE TO THE FINISH"  
AD BOOK

WISH YOUR ATHLETE OR TEAM GOOD LUCK!!!

¼ PAGE AD-\$30/AD (4 ¼ x 5 ½)

Contact's Name: \_\_\_\_\_

Team Affiliation: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail Address \_\_\_\_\_

Send this form and check payable to Gym Dandys  
345 Meadowlands Blvd  
Washington, PA 15301  
Attention: Ann

Check number \_\_\_\_\_

Date received \_\_\_\_\_

Amount received \_\_\_\_\_

Send print ready to: [casiere1@comcast.net](mailto:casiere1@comcast.net) by April 15, 2010

**PENNSYLVANIA LEVEL 6/NOVICE PREP OPTIONAL  
STATE MEET  
T-SHIRT ORDER**

TEAM: \_\_\_\_\_

CONTACT PERSON: \_\_\_\_\_

PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

COST OF PRE-ORDERED SHIRT: \$16/SHIRT  
\*\*\*\$20 AT THE MEET

**NUMBER OF SHIRTS ORDERED!**

CM	CL	AS	AM	AL	AXL	A2XL	Total # of shirts

Please make check payable to: Meadowlands Gymnastics (Please send only 1 gym check for the t-shirts! Thank you!)

Mail this form to: Karen Clark  
345 Meadowlands Blvd  
Washington, PA 15301

**THIS FORM IS DUE: April 15, 2010**

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For Gym Dandy personnel only:

Date form received: \_\_\_\_\_

Check # \_\_\_\_\_ Check amount: \_\_\_\_\_

Name on check: \_\_\_\_\_